

Dr. Glenda L. Lindsey DrPH, MS, RDN, LDN

Dr. Glenda L. Lindsey is the recipient of the Outstanding Dietitian of the year 2018-2019 recognized by the Maryland Academy of Nutrition and Dietetics as well as the American Academy of Nutrition and Dietetics.

As a proud graduate of Morgan State University, Dr. Glenda Lindsey is currently a lecturer in the Family and Consumer Sciences Department. She is also a member of the Morgan State University Entrepreneurial Alumni Chapter. She is currently a mentor for several Morgan State University students. She has spoken at several conferences and universities on nutrition and policy. Her abstract was accepted and presented at The American Public Health Association on "*The Impact of gun violence on the mental health of the family in a city in crisis* (Baltimore)"

She is Co-Director of the Inspiration Factory which includes her individual and group nutritional counseling private practice business. In addition, under the Inspiration Factory, she has planned, implemented, and facilitated two summer nutrition programs for urban teens. She is currently serving as The Public Policy Coordinator for the Executive Board of The Maryland Academy of Nutrition and Dietetics. In this position she is responsible for state and federal advocacy for nutrition and health legislation. Dr. Lindsey is on State Workgroups including the Governor's Diabetes Quality Taskforce and The Health in All Policies acting with the University of Maryland Workgroup.

Dr. Lindsey is currently serving as a consultant for the Focused Achievement Starts Today (a Fast-Mentoring and tutoring Company coordinating master classes and tutoring sessions for students nationwide). She has also participated in a research study *Diabetes Guidelines Usage and Impact on Care* study from the Academy of Nutrition and Dietetics concerning pre-diabetes patients as well as receiving several other grants. She recently received a Healthy for Life 20 Grant, a flagship initiative between Aramark, and the American Heart Association.